

**Axtell Longhorn Junior High Relays**  
**March 23, 2023**  
**MEET SCHEDULE**

Scratch and add meeting: 3:00pm

Field Events: 3:30pm

Discus East : 7th girls, 8th girls

Discus West: 7th boys, 8th boys

Shot put East: 8th girls, 7th girls

Shot Put West: 8th boys, 7th boys

LJ/TJ 7th Girls Pit 1 (By Pole Vault South)

LJ/TJ 8th Girls Pit 2 ( by Pole Vault North)

Long Jump Pit 3 8th Boys, 7th Boys

Triple Jump Pit 4 7th Boys, 8th Boys

High Jump Pit : 8th girls, 8th boys, 7th girls, 7th boys

Pole Vault: 7th/8th Boys, 7th/8th Girls

**Shot and Discus- 3 Throws in 2 rounds**

**All jumps/vaults- 3 jumps/vaults**

High Jump and Pole Vault take precedence over all other field events. Athletes will be allowed to do their jumps or throws as long as they have checked in with the judge of that event even if that division has concluded.

**2400m Run 4:30pm**

Exchange Zones 400 relay is yellow, 800 relay is green, mile relay is blue

**Running Event will begin at 5:30pm**

We will try to give relay teams a chance to warm up

4 x 100m relay (7G, 8G, 7B, 8B) all events

800m run

100m hurdles (girls - no holes showing 30")

110m hurdles (boys - two holes showing 36")

100m dash

4 x 200m relay

400m dash

300m hurdles ( no holes showing all divisions 30")

200m dash

1600m run

4 x 400m relay

